Welcome to our autumn newsletter

Welcome to our lovely new staff members!

Nicola Barsoum is our lovely new hygienist at the Wimborne practice. Nicky started her career in dentistry as a Dental Nurse in Kent before qualifying as a Dental Hygienist from Kings College London in 2005. She works Mondays and Tuesdays and is already a big hit with our patients! Beverley Clent continues her fantastic work at our Dorchester practice on Fridays.

We’ve also had two more outstanding dental nurses join our team; Kim in Dorchester and Kady in Wimborne, and Kara is now a vital part of the administration team at Dorchester.

Congratulations to Milka on the birth of her beautiful daughter, Elizabeth Maya, we will miss you at our Wimborne Practice!

Had a great day at Dorset Golf and Country Club sponsoring the Ladies & Mixed Golf tournament!

Well done to the Dorchester Ladies for completing the Macmillan Race!
Up and coming events 15/16

22nd - 23rd January 9-5pm Hands-on Veneers Course

Held over two days: covers preparation, impressions, temporaries, try-in and final fit stages. Course cost is £590. Please contact dorchester@southcoastdental.co.uk to book your place.

Mar/Apr 2016 9-4pm Implant course for nurses

An excellent opportunity for nurses to learn how to prepare or dental implant surgery, including the sterile process. Please contact dorchester@southcoastdental.co.uk to register your interest.

TBA (2016) 8.30-5pm Straumann Implant Course with David Furze and Fernando Eriksson

Comprehensive implant training programme for restorative dentists. The training programme is offered over the course of a nine month period with four sessions conducted on a Friday and one carried over to the Saturday. Each participant will be required to present an implant case to the group session. We ask that you bring your practice manager and nurse to the first day and your hygienist to the maintenance day (at no extra charge), this is so we can make sure the course allows your whole practice to understand the work flow involved with your implant patients. On completion of the course you will receive 35 verifiable CPD hours, course manuals and a low torque wrench kit (saving £318). The fee for all sessions is £999 + VAT. Please indicate your interest by emailing dorchester@southcoastdental.co.uk.

TBA (2016) TBA Vocational Training Study Club

An excellent opportunity for recently qualified dentists to discuss topics. Please email dorchester@southcoastdental.co.uk to register your interest and for more information.

Places at all our courses are understandably limited and will be allocated on a first-come first-serve basis. If you are interested in finding out more or wish to book onto a course please phone 01305 757570 or email mari@southcoastdental.co.uk. All courses will be held at our Dorchester Practice, unless otherwise stated, on South Walks Road (DT1 1DT); we have ample parking available and refreshments will be provided.

If you are interested in a particular aspect of dentistry not covered by our current courses please let us know and we will try to create a course for you. We look forward to hearing from you soon.

We are pleased to confirm that Fernando Gonzalez Eriksson our Specialist Periodontist has increased his days in Dorchester and will now be available Wednesday, Thursday and Friday. In addition he is available to provide Lunch and Learns to your dental team - we provide the lunch, you provide the topic for discussion. Please email mari@southcoastdental.co.uk to book a lunch!

Chernobyl Children’s Dental Day

This year Wessex CCLL brought 15 children to Poole for 4 weeks of recuperative care. We are proud to have been a part of that. Everyone got very involved, with our practice manager, Tom, taking charge of the BBQ and the swimming pool open to make the most of the sunshine!
Thank-you to everyone who came and got involved. We thoroughly enjoyed ourselves and can't wait for the next one! A massive thank-you to our wonderful nurses: CJ, Sue and Verity for making it such a successful day.

“A big thank you to South Coast specialists for a fantastic day doing implants, learnt so much! Had an overall great day and feel ready to put this into practice now” - Nicole

If you are interested in coming along to our next dental nurse implant course then please email dorchester@southcoastdental.co.uk and we will give you priority when the date is set!
Surgical endodontics has advanced considerably since the old-school days of “apicectomy”. Now termed root end surgery both technological advances and evidenced-based research mean that the modern approach addresses the biological reason that root fillings fail; namely bacterial infection in the root filled canal. This is something that cannot be assessed from a radiograph as often what appears to be a good root filling can be failing biologically.

Consequently, the first line of treatment for a failed root filling is, in the majority of cases, non-surgical retreatment, as this allows thorough disinfection of the entire root canal. The old-style apicectomy failed to address these biological failings and therefore had a notoriously poor success rate.

There is good evidence that a micro-surgical approach delivers a much higher success rate and now all endodontic surgery should really be carried out using an operating microscope. Without one, assessment and treatment of accessory canals, cracks and the infected root canal are not possible. In light of the new GDC standards it is also no longer acceptable to be “having a go” or carrying out treatment using outdated techniques.

Many aspects of root end surgery have now changed:

1. Treatment is always carried out with an operating microscope
2. Papilla sparing, or sub-marginal incisions are preferred for flap design as they allow better healing and help prevent gingival recession.
3. The root tip is resected perpendicular to the long axis of the tooth not bevelled to prevent microleakage.
4. The root end preparation is carried out with ultrasonics to a depth of 5-7mm, which will also clean the canal.
5. The best root end filling material is IRM or MTA and this has been shown in prospective studies. A recent meta-analysis of the literature showed that Endodontic Specialists achieved the highest success rates root end surgery.

They after all have the training, expertise and equipment to carry out both non-surgical disinfection of the root canal if required, and micro-surgical root end surgery. We are very happy to accept referrals for root end surgery on any tooth from the first molar forward, both privately and through the NHS IFR scheme. There are examples of micro-surgical endodontics filmed at South Coast Dental Specialists on youtube: johnrhodesendo.